

Put Off - Put On Scriptures

<u>Sins to Put Off</u>	<u>Scriptural Insight</u>	<u>Righteous Deeds To Put On</u>	<u>Scriptural Insight</u>
Anger.....	Eph 4:31, Prov 14:17, Ps 37:8 ...	Self-control.....	Gal 5:22-25, Prov 29:11
Anorexia—relentless pursuit of thinness	Phil 2:3	Pursue God, righteousness, love	Prov 21:21, Ps 119:2
- pride/selfish gain	Prov 16:18	- esteem others	Phil 2:3
- worship appearance	1 Sam 16:7	- be concerned with the heart	1 Pet 3:3-4
- control	Dan 5:23c	- relinquish control to God; ask and be content	Jer 10:23, Jas 4:13-16, Prov 3:5-6
- anger at life	1 Kgs 21:4	- thankfully submit-God's will	Lk 22:42, 1 Thess 5:18
Bad language	Eph 4:29	Edification	1 Tim 4:12
Bad motives.....	1 Sam 16:7.....	Meditation on God.....	Ps 19:14
Being manipulated	Prov 26:4.....	Do God's will; answer properly .	Prov 26:5
Binging/bulimia—to punish and purge (self-righteousness)	Col 2:21	Gratefulness for God's cleansing from sin	Eph 2:8-9, Titus 3:5
Bitterness	Eph 4:31, Heb 12:15	Tenderhearted	Col 3:12
Blame shifting (for my sin).....	Prov 19:3, Ezk 18:2-27, Ps 32:1-5	Acknowledge sin; acknowledge responsibility	1 Jn 1:8-9, Rom 14:12
Boasting (conceit)	1 Cor 4:7	Humility (praise to God and others)	Prov 27:2
Bodily harm	Prov 16:29.....	Gentleness.....	1 Thess 2:7
Complacency.....	Jas 4:17.....	Diligence	Col 3:23
Complaining	Phil 2:14	Contentment	Heb 13:5
Compromise.....	Rom 12:2, Ex 23:2	Uncompromising.....	Josh 24:14, Ps 1:1-2
Covetousness.....	Ex 20:17	Yielding rights	Col 3:5
Discontent	Phil 4:11-13.....	Satisfaction	Heb 13:5
Disobedience	1 Sam 12:15.....	Obedience.....	Heb 5:9
Doubt (unbelief).....	1 Thess 5:24	Faith	Heb 11:1
Enslaved or mastered by something	1 Cor 6:12	Serve Christ only.....	Rom 6:19-22
Escapes from reality (ignore, pretend, etc.)	Prov 12:22..... Prov 12:11	Live truthfully in reality	Phil 4:8, Ps 62:8, Ps 15:2, Ps 51:6
Evil thoughts.....	Prov 23:7a.....	"Think on these things"	Phil 4:8, 2 Cor 10:5
Following feelings/desires	Eph 2:3, Gal 6:7-9.....	Following God's will/word	Titus 2:11-14 Ps 119:9-11